



Billing & Payment - Nutrition

I want to thank you for considering my services to help guide you to reaching your goals. I will do my very best to answer your questions and should you choose, coach you. Please remember that I am not a mind reader and you must communicate with me. If you feel that things aren't working, and you're doing everything expected of you, let me know. I may be missing something and I won't be able to make the corrections if I'm not aware that there is something wrong.

My fees are as follows. Please make e-transfer payments to me at CLEANhealthsante@gmail.com.

Free - Initial 30 minute consultation

Intake fee- \$100 due with completion of intake forms (not included in Packages)*

Follow up WFP - \$60 due with every 2-3 week update*

CLEAN Health/Santé Packages

\$300 - 3 months (12 weeks) - (savings of \$60)*

\$ 550 - 6 months(24 weeks) - (savings of \$170)*

*****NB - Intake Fee not included in packages*****

* Student rates are 50% off.

Billing & Payment - Personal Training (student rates do not apply)

Personal Training Session (Live or Virtual) = \$30/hour

Semi-Private Training Session (limited to 2 people) - \$50 (\$25/person)

Please prepay for your sessions as this will help with your commitment to the session. Cancellations are honored if made at minimum 24 hours prior to the scheduled session.